

How to use this guide

The topic lists are broken into groups of diagnoses which are categorised according to symptoms and anatomical locations. My reason for presenting in this way is to help with the organisation of your knowledge. In addition, you need to identify the distinguishing features of the illness scripts that allow you to decipher between the differentials for presentations within these categories (note that some diagnoses may belong to multiple categories). To learn the distinguishing features, compare the illness scripts for the diagnoses within the categories. I have placed the diagnoses that I consider to be most important in bold. For each of the diagnoses you will need to know:

- Illness scripts (risk factors, symptoms and signs)
- Differential diagnoses
- Investigations
- Management

Below the topic lists you will find resources arranged by type: Guidelines, Therapeutic guidelines, How to treat, AJGP, AFP, Check, Others. I have also placed the most useful resources that cover, in my opinion, important topics in bold. There are too many resources to expect that you will read them all. You will need to prioritise based on 1) useful resources for important topics (in bold) 2) areas of your personal knowledge deficiency and 3) personal learning style preferences. Hope this helps!

<p>ENT Topics</p> <p>1) Ear Barotrauma (otic) Cholesteatoma Eustachian tube dysfunction Mastoiditis Otitis externa Otitis media, acute Otitis media, acute suppurative Otitis media, chronic serous Otitis media, chronic suppurative Otosclerosis Perichondritis Ramsay Hunt syndrome TMJ dysfunction Wax impaction of ear</p> <p>2) Hearing impairment Acoustic neuroma Noise-induced deafness Presbycusis</p> <p>3) Mouth Apthous ulcer Atrophic glossitis Ankyloglossia (tongue-tie) Bechet's syndrome</p>	<p>4) Neck Brachial cysts Dermoid cyst Multinodular goitre Parotid lumps Parotitis Pharyngeal pouch Sialadenitis Sternomastoid tumour Thyroglossal cyst Thyroid nodule</p> <p>5) Nose Allergic rhinitis Adenoid hypertrophy Nasal polyps Sinusitis Vasomotor rhinitis Epistaxis</p> <p>6) Pharynx Epiglottitis Glossopharyngeal neuralgia Infectious mononucleosis Post nasal drip Quinsy Strep throat</p>
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<p>Dental caries Epulis Geographic tongue Hand foot mouth disease Herpes gingivostomatitis Leucoplakia Lichen planus - oral Mucus retention cysts Oral thrush Ranula Halitosis</p>	<p>Tonsillitis</p> <p>7) Vertigo Benign Paroxysmal Positional Vertigo Labyrinthitis Meniere's disease Neuritis</p> <p>8) Miscellaneous Audiogram interpretation Tympanic membrane photograph interpretation</p>
<p><u>Therapeutic guidelines ENT infections</u> Acute pharyngitis and tonsillitis Acute epiglottitis Otitis externa Acute otitis media Recurrent bacterial otitis media Persistent otitis media with effusion Chronic suppurative otitis media Acute rhinosinusitis</p> <p><u>Therapeutic guidelines etg oral dental chapter</u> Dental caries Periodontal disease (including gingivitis) Acute odontogenic and salivary gland infections Oral mucosal disease (including ulcerative mouth conditions, oral candidiasis, angular cheilitis & dry mouth) Orofacial pain (including trismus, bruxism and TMJ disorders) Halitosis</p> <p><u>Respiratory</u> Allergic rhinitis and conjunctivitis</p> <p><u>Neurology vestibular disorders</u> Vertigo Tinnitus</p>	
<p><u>Healthpathways (contact your local PHN for website link and password)</u> Allergic Rhinitis Dysphagia Ear Discharge Ear Wax Neck lumps in children Tinnitus Tonsillitis and Sore Throat Vertigo</p>	
<p><u>Australian Journal of General Practice</u> An approach to neck masses in adults https://www1.racgp.org.au/ajgp/2020/may/an-approach-to-neck-masses-in-adults</p>	

Common causes of 'swelling' in the oral cavity

<https://www1.racgp.org.au/ajgp/2020/september/common-causes-of-swelling-in-oral-cavity>

Common benign and malignant oral mucosal disease

<https://www1.racgp.org.au/ajgp/2020/september/common-benign-and-malignant-oral-mucosal-disease>

Dental abscess: A potential cause of death and morbidity

<https://www1.racgp.org.au/ajgp/2020/september/dental-abscess-death-and-morbidity>

Paediatric neck lumps: an approach for the primary care physician

<https://www1.racgp.org.au/ajgp/2019/may/paediatric-neck-lumps>

Paediatric inhaled airway foreign bodies: an update

<https://www1.racgp.org.au/ajgp/2019/april/paediatric-inhaled-airway-foreign-bodies>

Differentiating between benign and malignant thyroid nodules: an evidence-based approach in general practice

[https://www1.racgp.org.au/ajgp/2018/november/differentiating-between-benign-and-malignant-t-\(1\)](https://www1.racgp.org.au/ajgp/2018/november/differentiating-between-benign-and-malignant-t-(1))

Removal of Ear, Nose and Throat Foreign Bodies: a review

<https://www.racgp.org.au/AJGP/2018/October/Removal-of-ear-nose-and-throat-foreign-bodies>

A Review of Tinnitus

<https://www.racgp.org.au/AJGP/2018/April/Tinnitus>

A Review of TMJ Dysfunction

<https://www.racgp.org.au/AJGP/2018/April/Temporomandibular-dysfunction>

AFP (RACGP)

Otalgia

<http://www.racgp.org.au/afp/2016/july/otalgia/>

Dry mouth: xerostomia and salivary gland hypofunction

<https://www.racgp.org.au/afp/2016/july/dry-mouth-xerostomia-and-salivary-gland-hypofunction/>

Diagnosis and management of hearing loss in elderly patients

<https://www.racgp.org.au/afp/2016/june/diagnosis-and-management-of-hearing-loss-in-elderly-patients/>

Sinusitis

<https://www.racgp.org.au/afp/2016/june/sinusitis/>

Hoarseness an approach for the General Practitioners

<https://www.racgp.org.au/afp/2016/june/hoarseness-an-approach-for-the-general-practitioner/>

The longstanding sore throat

<http://www.racgp.org.au/afp/2016/may/the-longstanding-sore-throat/>

An approach to vertigo in General Practice

<https://www.racgp.org.au/afp/2016/april/an-approach-to-vertigo-in-general-practice/>

Ear wax management

<http://www.racgp.org.au/afp/2015/october/ear-wax-management/>

An update on epistaxis

<http://www.racgp.org.au/afp/2015/september/an-update-on-epistaxis/>

Sleep apnoea in the child

<http://www.racgp.org.au/afp/2015/june/sleep-apnoea-in-the-child/>

Sudden onset hearing loss: causes investigation and management

<http://www.racgp.org.au/afp/2013/september/sudden-onset-hearing-loss/>

Kawasaki disease: The importance of prompt recognition and early referral

<http://www.racgp.org.au/afp/2013/july/kawasaki-disease/>

The Epley manoeuvre for benign paroxysmal positional vertigo

<https://www.racgp.org.au/afp/2013/januaryfebruary/the-epley-manoevre/>

Goitre

<https://www.racgp.org.au/afp/2012/august/goitre/>

Audiology

<http://www.racgp.org.au/afp/2011/may/audiology/>

Cholesteatoma: diagnosing an unsafe ear

<https://www.racgp.org.au/afpbackissues/2008/200808/200808chang.pdf>

Check programs (RACGP)

Unit 573, July 2020 – Ear, Nose and Throat

How to treat website (since 2015) <http://www.australiandoctor.com.au/home> (click on the how to treat icon and follow the steps – need to register to use)

- Hearing loss in children 18th September 2020
- Chronic rhinosinusitis 24th July 2020
- Hearing loss in the elderly 1st May 2020
- Sinonasal conditions 17th April 2020
- Dental caries in infants and children 28th February 2020
- Rhinological emergencies 12th April 19
- Epistaxis 1st April 19

For curriculum topics not covered by the above articles - suggest using **BMJ's Best Practice** or **Murtagh's General Practice**