

How to use this guide

The topic lists are broken into groups of diagnoses which are categorised according to symptoms and anatomical location. My reason for presenting in this way is to help with the organisation of your knowledge. In addition, you need to identify the distinguishing features of the illness scripts that allow you to decipher between the differentials for presentations within these categories (note that some diagnoses may belong to multiple categories). To learn the distinguishing features, compare the illness scripts for the diagnoses within the categories. I have placed the diagnoses that I consider to be most important in bold. For each of the diagnoses you will need to know:

- Illness scripts (risk factors, symptoms and signs)
- Differential diagnoses
- Investigations
- Management

Below the topic lists you will find resources arranged by type: Guidelines, Therapeutic guidelines, How to treat, AJGP, AFP, Check, Others. I have also placed the most useful resources that cover, in my opinion, important topics in bold. There are too many resources to expect that you will read them all. You will need to prioritise based on 1) useful resources for important topics (in bold) 2) areas of your personal knowledge deficiency and 3) personal learning style preferences. Hope this helps!

Gastrointestinal Topics	
1) <u>Abdominal pain</u> Appendicitis Ascending cholangitis Cholecystitis Cholelithiasis Diverticulitis Food intolerance Gastric cancer Gastritis/Helicobacter pylori Intussusception Ischemic colitis Mesenteric adenitis Pancreatitis Pancreatic cancer Peptic ulcer Small bowel obstruction Volvulus Strongyloidiasis	6) <u>Hernias</u> Femoral Inguinal (direct, indirect) Obturator Spigelian Umbilical 7) <u>Liver disease</u> Alcoholic liver disease Autoimmune chronic active hepatitis Cirrhosis Haemochromatosis Hepatitis, viral (A,B &C) Hepatocellular carcinoma Hydatid disease Non-alcoholic steatohepatitis Primary biliary cirrhosis Wilson's disease
2) <u>Constipation</u> Diverticulosis Faecal impaction Irritable bowel syndrome	8) <u>Local anal conditions</u> Anal fissure Haemorrhoids Ischiorectal fistula Perianal abscess

<p>3) <u>Diarrhoea</u> Cholera Clostridium difficile Coeliac disease Crohn's disease Gastroenteritis Giardiasis Lactase deficiency (lactose intolerance) Typhoid/paratyphoid fever Traveller's diarrhoea Ulcerative colitis</p> <p>4) <u>Dysphagia/Dyspepsia</u> Barrett's oesophagus Dyspepsia, functional Eosinophilic oesophagitis Gastroesophageal reflux disease Oesophageal cancer</p> <p>5) <u>Haematemesis</u> Mallory-Weis tear Oesophageal varices</p>	<p>Perianal haematoma Pinworms Proctalgia fugax</p> <p>9) <u>PR bleeding</u> Bowel cancer Bowel polyps</p> <p>10) <u>Miscellaneous</u> Achalasia Acute intermittent porphyria Amoebiasis Carcinoid syndrome Colic (infantile) Dental abscess Hirschsprung's disorder Iron deficiency B12 deficiency Pilonidal sinus Pyloric stenosis</p>
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Guidelines

GESA <https://www.gesa.org.au/>

- Bowel cancer
- Hepatitis B
- Hepatitis C treatment
- Coeliac disease
- Fatty liver disease
- GORD
- Haemochromatosis
- Inflammatory Bowel disease
- Iron deficiency
- Irritable bowel syndrome

Therapeutic guidelines etg

Disorders of the oesophagus

Gastro-oesophageal reflux

Barrett oesophagus

Achalasia

Distal oesophageal spasm

Eosinophilic oesophagitis

Gastric disorders

Introduction to gastric disorders

Helicobacter pylori infection

NSAID-induced ulcers

Idiopathic peptic ulcers

Bleeding peptic ulcers

Autoimmune gastritis

Nonalcoholic fatty liver disease

Drug-induced liver injury

Genetic haemochromatosis

Wilson disease

Autoimmune hepatitis

Primary biliary cirrhosis

Primary sclerosing cholangitis

Alcoholic hepatitis

Advanced liver disease

Ascites

Bleeding oesophageal varices

Hepatocellular carcinoma

Small bowel disorders

Coeliac disease

<p>Nausea and vomiting Assessment of nausea and vomiting</p> <p>Functional gastrointestinal disorders Overview of functional gastrointestinal disorders</p> <p>Functional heartburn</p> <p>Functional dyspepsia Belching Hiccups Gastroparesis</p> <p>Irritable bowel syndrome Functional bloating Functional diarrhoea Functional constipation Biliary and pancreatic disorders</p> <p>Biliary colic</p> <p>Ascending cholangitis</p> <p>Acute pancreatitis</p> <p>Chronic pancreatitis Autoimmune pancreatitis Viral hepatitis</p> <p>Overview of viral hepatitis</p> <p>Hepatitis A</p> <p>Hepatitis B</p> <p>Hepatitis C Non-viral liver disorders Overview of non-viral liver disorders</p>	<p>Gastroenteritis Diverticulosis</p> <p>Inflammatory bowel disease Overview of inflammatory bowel disease Immunomodulatory drugs used in inflammatory bowel disease</p> <p>Ulcerative colitis</p> <p>Crohn disease</p> <p>Perianal disorders</p> <p>Haemorrhoids</p> <p>Perianal haematoma</p> <p>Anal fissure Proctalgia fugax Anorectal abscess and fistula</p> <p>Pilonidal sinus</p> <p>Food intolerance Overview of food intolerance Common triggers of food intolerance</p> <p>Lactose intolerance FODMAP intolerance Noncoeliac gluten sensitivity Food chemical sensitivity</p> <p>Iron deficiency Overview of iron deficiency Oral iron supplementation Parenteral iron supplementation</p> <p>Traveller's diarrhoea</p> <p>Acute appendicitis</p>
<p><u>Healthpathways (contact your local PHN for website link and password)</u></p> <p>Iron deficiency anaemia</p> <p>Inflammatory bowel disease</p> <p>Dysphagia</p> <p>Bowel cancer screening</p> <p>Fatty liver</p> <p>Hepatitis C</p> <p>Dyspepsia and GORD</p> <p>B12 deficiency</p> <p>Irritable bowel syndrome</p> <p>Coeliac disease in Adults</p> <p>Food allergy and intolerance</p> <p>Abnormal liver function tests</p> <p>Colorectal symptoms</p> <p>Chronic Hepatitis B</p>	
<p>AJGP https://www.racgp.org.au/ajgp/issues</p> <p>Pancreatic cancer: An update on diagnosis and management https://www1.racgp.org.au/ajgp/2019/december/pancreatic-cancer</p> <p>Pilonidal disease practice points https://www1.racgp.org.au/ajgp/2019/march/pilonidal-disease-practice-points</p> <p>Colorectal cancer screening: An update https://www1.racgp.org.au/ajgp/2018/december/colorectal-cancer-screening-in-australia</p>	

A General Practitioner Primer on Groin Hernias

<https://www.racgp.org.au/AJGP/2018/August/General-practitioner-primer-on-groin-hernias>

Interpreting tests for Coeliac disease

[https://www.racgp.org.au/AJGP/2018/January-February/Interpreting-tests-for-coeliac-disease-\(1\)](https://www.racgp.org.au/AJGP/2018/January-February/Interpreting-tests-for-coeliac-disease-(1))

AFP (RACGP)

Diverticular disease practice points

<https://www.racgp.org.au/afp/2017/november/diverticular-disease-practice-points/>

Inflammatory bowel disease in adolescents

<https://www.racgp.org.au/afp/2017/august/inflammatory-bowel-disease-in-adolescents/>

Jul13 - the right upper quadrant

- Gallbladder disease <http://www.racgp.org.au/afp/2013/july/gallbladder-disease/>
- Biliary pain: work-up and management in General Practice
<http://www.racgp.org.au/afp/2013/july/biliary-pain/>

Oct15 - Abdomen

- From hospital to home: The rise and rise of Clostridium difficile infection
<http://www.racgp.org.au/afp/2015/october/from-the-hospital-to-the-home-%E2%80%93-the-rise-and-rise-of-clostridium-difficile-infection/>
- Chronic pancreatitis: negotiating the complexities of diagnosis and management
<http://www.racgp.org.au/afp/2015/october/chronic-pancreatitis-negotiating-the-complexities-of-diagnosis-and-management/>
- Eosinophilic oesophagitis: A guide for primary care
<http://www.racgp.org.au/afp/2015/october/eosinophilic-oesophagitis-%E2%80%93-a-guide-for-primary-care/>
- Advising travellers about management of travellers' diarrhoea
<https://www.racgp.org.au/afp/2015/januaryfebruary/advising-travellers-about-management-of-travellers%E2%80%99-diarrhoea/>
- The role of food intolerance in functional gastrointestinal disorders in children from Volume 43, No.10, October 2014 <http://www.racgp.org.au/afp/2014/october/the-role-of-food-intolerance-in-functional-gastrointestinal-disorders-in-children/>
- Elevated serum ferritin from Volume 41, No.12, December 2012
<http://www.racgp.org.au/afp/2012/december/elevated-serum-ferritin/>
- Parasitic causes of prolonged diarrhoea in travellers from Volume 41, No.10, October 2012 <http://www.racgp.org.au/afp/2012/october/parasitic-causes-of-prolonged-diarrhoea-in-travellers/>
- Gastro-oesophageal reflux in children from Volume 41, No.5, May 2012
<http://www.racgp.org.au/afp/2012/may/gastro-oesophageal-reflux-in-children/>
- Hepatitis B serology from Volume 41, No.4, April 2012
<https://www.racgp.org.au/afp/2012/april/hepatitis-b-serology/>
- Typhoid and paratyphoid fever from Volume 39, No.11, November 2010
<http://www.racgp.org.au/afp/2010/november/typhoid-and-paratyphoid-fever/>

Check (RACGP) via gplearning

<http://gplearning.racgp.org.au/User/Account/Login?ReturnUrl=%2fuser>

Unit 564, September 2019 – Liver problems

Unit 556, December 2018 - Digestive

How to treat website

<http://www.australiandoctor.com.au/home> (click on the how to treat icon and follow the steps – need to register to use)

Appendicitis – 14th August 2020

Chronic hepatitis B – 17th July 2020

Haemorrhoids – 10th July 2020

Acute abdominal pain in children – 24th April 2020

Chronic diarrhoea in children 13th March 2020

Faecal incontinence 21st February 2020

Food allergy 2nd August 2019

Hernias of the abdominal wall – 10th May 2019

Constipation in children 23rd Jan 15

For curriculum topics not covered by the above articles - suggest using **BMJ's Best Practice** or **Murtagh's General Practice**

All management topics - suggest using **therapeutic guidelines**