

How to use this guide

The topic lists are broken into groups of diagnoses which are categorised according to symptoms and clinical systems. My reason for presenting in this way is to help with the organisation of your knowledge. In addition, you need to identify the distinguishing features of the illness scripts that allow you to decipher between the differentials for presentations within these categories (note that some diagnoses may belong to multiple categories). To learn the distinguishing features, compare the illness scripts for the diagnoses within the categories. I have placed the diagnoses that I consider to be most important in bold. For each of the diagnoses you will need to know:

- Illness scripts (risk factors, symptoms and signs)
- Differential diagnoses
- Investigations
- Management

Below the topic lists you will find resources arranged by type: Guidelines, Therapeutic guidelines, How to treat, AJGP, AFP, Check, Others. I have also placed the most useful resources that cover, in my opinion, important topics in bold. There are too many resources to expect that you will read them all. You will need to prioritise based on 1) useful resources for important topics (in bold) 2) areas of your personal knowledge deficiency and 3) personal learning style preferences. Hope this helps!

| | |
|--|---|
| <p>Paediatric topics <i>Diagnoses</i></p> <p>1) Cancers Acute lymphatic leukaemia Acute myeloid leukaemia Wilm's tumour</p> <p>2) Developmental ADHD Asperger's disorder Autism spectrum disorders Developmental milestones Down syndrome Fragile X syndrome Neonatal check up Prader-Willi syndrome Turner's syndrome</p> <p>3) Respiratory Asthma Bronchiolitis Croup Cystic fibrosis Epiglottitis Obstructive sleep apnoea Pertussis</p> | <p>Slipped capital femoral epiphysis Transient viral arthritis</p> <p>8) Skin Acne Eczema Head lice Henoch-Schonlein purpura Nappy rash Scabies Seborrhoeic dermatitis Toxic erythema of the newborn</p> <p>9) Rash and fever Erythema infectiosum Hand foot and mouth disease Measles Roseola infantum Rubella Scarlet fever Varicella</p> <p>10) Fever Febrile convulsions Glandular fever Kawasaki's disease Meningitis</p> |
|--|---|

| | |
|---|--|
| <p>4) Gastrointestinal Colic (infantile) Constipation Encopresis Gastroenteritis GORD Inguinal hernia Intussusception Jaundice, newborn Oesophageal atresia Pyloric stenosis Umbilical hernia Worms (pinworm, roundworm, whipworm, hookworm, threadworm)</p> <p>5) Cardiovascular Congenital heart anomaly (VSD, ASD, PDA, coarctation) Heart murmurs</p> <p>6) Mental health Depression in adolescents</p> <p>7) Musculoskeletal Developmental hip dysplasia Juvenile idiopathic arthritis Osgood-Schlatter disease Perthe's disease Rheumatic fever Sever's disease</p> | <p>Meningococcaemia Mumps Tonsillitis UTI in child</p> <p>11) Miscellaneous Allergy in children Assessment of the sick child Breast feeding problems Burns in children Conjunctivitis Child abuse and neglect Crying infant Diabetes in children Enuresis Failure to thrive Hypospadias Immunisations (childhood) Lead poisoning Migraine Nasolacrimal duct obstruction Neck lumps Paraphimosis Pigmented skin lesions in childhood Plagiocephaly Reye's syndrome Strabismus Sudden infant death syndrome Tongue tie Thyroid Disease in Children Undescended testis Vulvovaginitis</p> |
| <p><u>Guidelines</u> Immunisation handbook https://immunisationhandbook.health.gov.au/ RCH guidelines http://www.rch.org.au/clinicalguide/</p> | |
| <p><u>Etg therapeutic guidelines</u> Acute rheumatic fever Asthma in children: general information and diagnosis Acute asthma in children Acute bronchiolitis Acute epiglottitis Attention deficit hyperactivity disorder Autism spectrum disorder Causes of sleep disordered breathing in children Croup Cystic fibrosis</p> | <p>Functional constipation (in children) Maintenance management of asthma in children Meningitis Migraine in children Pertussis Respiratory symptoms in children Stridor in children Urinary tract infections in children Vulvovaginitis in girls</p> |

Febrile seizures

Healthpathways (contact your local PHN for website link and password)

Acute Infective Conjunctivitis
ADHD in Children and Youth
Bone and Joint Infections in Children
Chronic Cough in Children
Constipation in Children
Developmental Concerns in Children Under 6 Years
Diagnosing Diabetes in Children and Adolescents
Eczema in Children
Enuresis in Children
Febrile Seizures in Children
Heart Murmurs in Children and Adolescents
Jaundice in Babies
Low Birth Weight Infants
Measles
Neck Lumps in Children
Overweight and Obesity in Children and Youth
Penis and Foreskin Conditions in Children
Pertussis (Whooping Cough)
Plagiocephaly
Poor Growth
Thyroid Disease in Children
Tonsillitis and Sore Throat in Children
Unsettled Infant
Urinary Tract Infection (UTI) in Children and Adolescents

Australian Journal of General Practice

Obstructive sleep apnoea in children: A child with noisy breathing and daytime sleepiness
<https://www1.racgp.org.au/ajgp/2020/december/obstructive-sleep-apnoea-in-children>
Acute red eye in children: A practical approach
<https://www1.racgp.org.au/ajgp/2020/december/acute-red-eye-in-children>
Paediatric scoliosis: Update on assessment and treatment
<https://www1.racgp.org.au/ajgp/2020/december/paediatric-scoliosis>
Buckled, bent or broken? A guide to paediatric forearm fractures
<https://www1.racgp.org.au/ajgp/2020/november/guide-to-paediatric-forearm-fractures>
Immunisation and allergy in children and adults: A case-based approach
<https://www1.racgp.org.au/ajgp/2020/october/immunisation-and-allergy-in-children-and-adults>
Seizures following vaccination in children: Risks, outcomes and management of subsequent revaccination
<https://www1.racgp.org.au/ajgp/2020/october/seizures-following-vaccination-in-children>
A guide to differences/disorders of sex development/intersex in children and adolescents
<https://www1.racgp.org.au/ajgp/2020/july/differences-disorders-of-sex-development-intersex>
A guide to the management of paediatric pes planus
<https://www1.racgp.org.au/ajgp/2020/may/paediatric-pes-planus>
Inguinal hernias in children
<https://www1.racgp.org.au/ajgp/2020/january-february/inguinal-hernias-in-children>
Assessment and management of minor burns in children
<https://www1.racgp.org.au/ajgp/2019/september/minor-burns-in-children-2>
Management of pigmented skin lesions in childhood and adolescence
<https://www1.racgp.org.au/ajgp/2019/august/management-of-pigmented-skin-lesions-in-childhood>

Paediatric neck lumps: an approach for the primary physician

<https://www1.racgp.org.au/ajgp/2019/may/paediatric-neck-lumps>

Paediatric inhaled airway foreign bodies: An update

<https://www1.racgp.org.au/ajgp/2019/april/paediatric-inhaled-airway-foreign-bodies>

Improving early detection of developmental dysplasia of the hip through general practitioner assessment and surveillance

<https://www1.racgp.org.au/AJGP/2018/September/Improving-early-detection-of-developmental-dysplas>

Paediatric constipation: An approach and evidence-based treatment regimen

<https://www1.racgp.org.au/AJGP/2018/May/Paediatric-constipation>

Common neonatal presentations to primary care physicians

<https://www1.racgp.org.au/AJGP/2018/April/Common-neonatal-presentations>

AFP (RACGP)

Growth disorders in adolescents

<https://www.racgp.org.au/afp/2017/december/growth-disorders-in-adolescents/>

Childhood constipation

<https://www.racgp.org.au/afp/2017/december/childhood-constipation/>

Depression in children

<https://www.racgp.org.au/afp/2017/december/depression-in-children/>

Eczema management in school-aged children

<https://www.racgp.org.au/afp/2017/december/eczema-management-in-school-aged-children/>

Acne in adolescents

<https://www.racgp.org.au/afp/2017/december/acne-in-adolescents/>

Rheumatology and the adolescent patient

<https://www.racgp.org.au/afp/2017/august/rheumatology-and-the-adolescent-patient/>

Paediatric urinary tract infections: Diagnosis and treatment

<http://www.racgp.org.au/afp/2016/august/paediatric-urinary-tract-infections-diagnosis-and-treatment/>

Paediatric sports injuries

<http://www.racgp.org.au/afp/2016/july/paediatric-sports-injuries/>

Sleep problems in children

<http://www.racgp.org.au/afp/2015/december/sleep-problems-in-children/>

Sleep apnoea in the child

<http://www.racgp.org.au/afp/2015/june/sleep-apnoea-in-the-child/>

Managing childhood migraine

<http://www.racgp.org.au/afp/2015/june/managing-childhood-migraine/>

The wheezing child an algorithm

<http://www.racgp.org.au/afp/2015/june/the-wheezing-child-an-algorithm/>

The role of food intolerance in functional gastrointestinal disorders in children

<http://www.racgp.org.au/afp/2014/october/the-role-of-food-intolerance-in-functional-gastrointestinal-disorders-in-children/>

Hot topics in paediatric immunology: IgE mediated food allergy and allergic rhinitis

<http://www.racgp.org.au/afp/2014/october/hot-topics-in-paediatric-immunology-ige-mediated-food-allergy-and-allergic-rhinitis/>

Evaluating squints in children

<http://www.racgp.org.au/afp/2013/december/evaluating-squints/>

Kawasaki disease: The importance of prompt recognition and early referral

<http://www.racgp.org.au/afp/2013/july/kawasaki-disease/>

Common rashes in neonates

<http://www.racgp.org.au/afp/2012/may/common-rashes-in-neonates/>

Birthmarks: identification and management

<http://www.racgp.org.au/afp/2012/may/birthmarks/>

Gastro-oesophageal reflux in children: What's the worry

<http://www.racgp.org.au/afp/2012/may/gastro-oesophageal-reflux-in-children/>

The 6 week check: An opportunity for continuity of care

<http://www.racgp.org.au/afp/2012/may/the-6-week-check/>

Rheumatic fever: Identification, management and secondary prevention

<http://www.racgp.org.au/afp/2012/januaryfebruary/rheumatic-fever/>

Child abuse: Mandatory reporting requirements

<http://www.racgp.org.au/afp/2011/november/child-abuse/>

Non accidental injury in childhood

<http://www.racgp.org.au/afp/2011/november/nonaccidental-injury-in-childhood/>

Problem behaviour in children: An approach for General Practice

<http://www.racgp.org.au/afp/2011/september/problem-behaviour-in-children/>

Is my child normal: milestones and red flags for referral

<http://www.racgp.org.au/afp/2011/september/is-my-child-normal/>

Autism spectrum disorders

<http://www.racgp.org.au/afp/2011/september/autism-spectrum-disorders/>

Cerebral palsy in childhood

<http://www.racgp.org.au/afp/2011/april/cerebral-palsy-in-childhood/>

Juvenile idiopathic arthritis

<http://www.racgp.org.au/afp/2010/september/juvenile-idiopathic-arthritis/>

Consent to medical treatment: The mature minor

<http://www.racgp.org.au/afp/2011/march/consent-to-medical-treatment-the-mature-minor/>

Assessment of the unwell child

<http://www.racgp.org.au/afp/2010/may/assessment-of-the-unwell-child/>

How to treat website (since 2015) <http://www.australiandoctor.com.au/home> (click on the how to treat icon and follow the steps – need to register to use)

Hearing loss in children 18th September 2020

Autism 31st July 2020

ADHD in young people 26th June 2020

Congenital heart disease 19th June 2020

Seizures in childhood 29th May 2020

Acute abdominal pain in children 24th April 2020

Chronic diarrhoea in children 13th March 2020

Dental Caries in Infants and Children 28th February 2020

Congenital abnormalities of the kidney and urinary tract 12th December 2019

Asthma in children part 2: management 6th December 2019

Asthma in children part 1: diagnosis 29th November 2019

Common paediatric urological conditions 4th October 2019

Paediatric skin infections 26th July 2019

Childhood psoriasis and dermatitis 19th July 2019

The short child 29th March 2019

Paediatric neck masses 1st March 2019

The wheezing child 1st September 2018

Constipation in Children - 23rd Jan 2015

Check (RACGP) via gplearning

<http://gplearning.racgp.org.au/User/Account/Login?ReturnUrl=%2fuser>

Paediatric health, unit 577, November 2020

Mothers and Babies, unit 568 Jan-Feb 2020

Child development, unit 550 - June 2018

For curriculum topics not covered by the above articles - suggest using **BMJ's Best Practice** or **Murtagh's General Practice**

All management topics - suggest using **therapeutic guidelines**