

# Reproductive Health/Obstetrics curriculum and resources

## How to use this guide

The topic lists are broken into groups of diagnoses which are categorised according to timing relative to pregnancy, pregnancy symptom and pregnancy-associated issues. My reason for presenting in this way is to help with the organisation of your knowledge. In addition, you need to identify the distinguishing features of the illness scripts that allow you to decipher between the differentials for presentations within these categories (note that some diagnoses may belong to multiple categories). To learn the distinguishing features, compare the illness scripts for the diagnoses within the categories. I have placed the diagnoses that I consider to be most important in bold. For each of the diagnoses you will need to know:

- Illness scripts (risk factors, symptoms and signs)
- Differential diagnoses
- Investigations
- Management

Below the topic lists you will find resources arranged by type: Guidelines, Therapeutic guidelines, How to treat, AJGP, AFP, Check, Others. I have also placed the most useful resources that cover, in my opinion, important topics in bold. There are too many resources to expect that you will read them all. You will need to prioritise based on 1) useful resources for important topics (in bold) 2) areas of your personal knowledge deficiency and 3) personal learning style preferences. Hope this helps!

## Reproductive Health/Obstetrics topics

### 1) Preconception care

- **Australian Journal of General Practice (AJGP) – Pre-conception care**  
<https://www1.racgp.org.au/ajgp/2018/july/preconception-care>
- **AJGP - Interconception care**  
<https://www1.racgp.org.au/ajgp/2020/june/interconception-care>

### 2) Antenatal care

- **Healthpathways**
  - **Antenatal care - routine**
- **Enjoying a healthy pregnancy: GP's essential role in health promotion**  
<https://www.racgp.org.au/afp/2017/januaryfebruary/enjoying-a-healthy-pregnancy-gps-essential-role-in-health-promotion/>
- **Australian Family Physician – Non-invasive prenatal testing**  
<https://www.racgp.org.au/afp/2017/october/non-invasive-prenatal-testing/>
- **AFP: Antenatal care for Aboriginal Torres Strait Islander patients**  
<http://www.racgp.org.au/afp/2014/januaryfebruary/antenatal-care/>
- **AFP: Antenatal screening: The first and second trimester**  
<http://www.racgp.org.au/download/documents/AFP/2011/October/20110bonacquisto.pdf>

### 3) 1<sup>st</sup> trimester bleeding

- **Ectopic pregnancy**
  - **AFP- Early pregnancy bleeding**  
<http://www.racgp.org.au/afp/2016/may/early-pregnancy-bleeding/>
- **Miscarriage**
  - **AFP – Early pregnancy bleeding**  
<http://www.racgp.org.au/afp/2016/may/early-pregnancy-bleeding/>
  - How to treat Australian Doctor – 5<sup>th</sup> April 2019 – Miscarriage
- **Recurrent miscarriage**
  - **Australian Journal of General Practice – Recurrent pregnancy loss – A summary of international evidence-based guidelines and practice**  
<https://www1.racgp.org.au/ajgp/2018/july/recurrent-pregnancy-loss>

### 4) Pregnancy-associated conditions

- **Anaemia in pregnancy**
  - **AJGP Anaemia in pregnancy**  
<https://www1.racgp.org.au/ajgp/2019/march/anaemia-in-pregnancy>
  - How to treat Aus Doc – Haematological complications of pregnancy – 1st November 2019
- **Cholestasis of pregnancy**
  - BMJs Best Practice – search Cholestasis of pregnancy
- **Decreased fetal movements**
  - **AFP: Decreased fetal movements- A practical approach in primary care setting**  
<http://www.racgp.org.au/afp/2014/november/decreased-fetal-movements-a-practical-approach-in-a-primary-care-setting/>
- **Epilepsy in pregnancy**
  - **AFP - Epilepsy in pregnancy – A collaborative team effort of obstetrics, neurologists and primary care physicians for a successful outcome**  
<http://www.racgp.org.au/afp/2014/march/epilepsy-in-pregnancy/>
  - **Etg therapeutic guidelines – pregnancy in patients with epilepsy**
  - **Healthpathways (contact your PHN for UN and password)**
    - **Epilepsy in Women and Pregnancy**
- **Gestational diabetes**
  - **Etg therapeutic guidelines – Gestational diabetes**
  - **Australian Journal of General Practice – Gestational diabetes mellitus: a pragmatic approach to diagnosis and management**  
<https://www1.racgp.org.au/ajgp/2018/july/gestational-diabetes-mellitus>
  - **How to treat Aus Doc - 22<sup>nd</sup> June 18 - Gestational diabetes mellitus**
- **Hypertension in pregnancy**

- **BMJs Best Practice search - Gestational hypertension**
- How to Treat Australian Doctor – 24<sup>th</sup> May 2019 - Pre-eclampsia
- **Mental health problems in pregnancy**
  - AFP – Perinatal mental health – identifying problems and managing medications  
<http://www.racgp.org.au/afp/2014/april/perinatal-mental-health/>
  - **Etg - therapeutic guidelines**
    - **Depression in pregnancy and post-partum**
    - **Perinatal depression**
    - **Anxiety in pregnancy and postpartum**
  - How to treat Aus Doc – 27th September 2019 - Perinatal anxiety and depression
- Nutrition in pregnancy
  - AFP – Nutritional care by GPs – Enhancing women’s health during and after pregnancy  
<http://www.racgp.org.au/afp/2016/august/nutrition-care-by-general-practitioners-enhancing-women%E2%80%99s-health-during-and-after-pregnancy/>
- Pelvic instability in pregnancy
  - AFP - Pelvic instability – Painful pelvic girdle in pregnancy  
<http://www.racgp.org.au/download/Documents/AFP/2009/June/200906mitc hell.pdf>
- Placental Abruption
  - BMJs Best Practice – search placental abruption
- Placenta Praevia
  - BMJs Best Practice – search placenta praevia
- Smoking in pregnancy
  - AFP – Management of smoking in pregnant women  
<http://www.racgp.org.au/afp/2014/januaryfebruary/smoking-in-pregnant-women/>
- **Thyroid disease in pregnancy**
  - **AFP – Thyroid disease in the perinatal period**  
<http://www.racgp.org.au/afp/2012/august/thyroid-disease-in-the-perinatal-period/>
  - Etg therapeutic guidelines – thyroid disorders and pregnancy
- **Vomiting in pregnancy (including hyperemesis gravidarum)**
  - Managing nausea and vomiting in pregnancy  
<http://www.racgp.org.au/afp/2016/august/managing-nausea-and-vomiting-in-pregnancy-in-a-primary-care-setting/>

- **Etg Therapeutic guidelines - Nausea and vomiting in pregnancy**
- **Healthpathways**
  - **Nausea, vomiting and hyperemesis in pregnancy**

## 5) Breastfeeding

- **AFP: Overcoming challenges faced by breast feeding mothers**  
<http://www.racgp.org.au/afp/2016/august/overcoming-challenges-faced-by-breastfeeding-mothers/>

## 6) Postpartum

- **Endometritis post-partum**
  - Search in Dynamed through RACGP website – search endometritis post partum
- **Mastitis**
  - Lactational mastitis and breast abscess  
<http://www.racgp.org.au/afp/2011/december/lactational-mastitis-and-breast-abscess/>
  - **Etg – therapeutic guidelines - Mastitis**
- **Postnatal depression**
  - AFP Perinatal mental health – Identifying problems and managing medications  
<http://www.racgp.org.au/afp/2014/april/perinatal-mental-health/>
  - **Etg – Therapeutic guidelines – Depression in pregnancy and postpartum**

## 7) Infertility

- **AJGP - Assessment of female fertility in the general practice setting**  
<https://www1.racgp.org.au/ajgp/2020/june/female-fertility-in-general-practice-setting>
- **Healthpathways (contact your PHN for UN and password)**
  - **Subfertility**
- AFP – Assisted reproductive technology  
<http://www.racgp.org.au/afp/2012/october/assisted-reproductive-technology/>
- Male infertility; the other side of the equation  
<https://www.racgp.org.au/afp/2017/september/male-infertility/>
- **Etg – therapeutic guidelines**
  - Introduction to infertility
  - Anovulatory infertility
  - Endometriosis
  - Male infertility

## 8) Termination of pregnancy

- **AJGP - Medical abortion**  
<https://www1.racgp.org.au/ajgp/2020/june/medical-abortion>

- Healthpathways (contact your PHN for UN and password)
  - Termination of Pregnancy (TOP)

**9) Teenage pregnancy**

- AJGP - Teenage pregnancy  
<https://www1.racgp.org.au/ajgp/2020/june/teenage-pregnancy>

**10) Male and Female reproductive systems**

- Check program – Unit 548 - April 2018 – Male reproductive system
- Check program – Unit 549 - May 2018 – Female reproductive system

**11) Mothers and Babies**

- Check program – Unit 568 – Jan-Feb 2020 – Mothers and Babies