

How to use this guide

The topic lists are broken into groups of diagnoses which are categorised according to their primary presenting symptom. The primary symptom for a diagnosis can vary between presentations, however, my reason for presenting in this way is to help with the organisation of your knowledge. In addition, you need to identify the distinguishing features of the illness scripts that allow you to decipher between the differentials for presentations. To learn the distinguishing features, compare the illness scripts for the diagnoses within the categories. I have placed the diagnoses that I consider to be most important in bold. For each of the diagnoses you will need to know:

- Illness scripts (risk factors, symptoms and signs)
- Differential diagnoses
- Investigations
- Management

Below the topic lists you will find resources arranged by type: Guidelines, Therapeutic guidelines, How to treat, AJGP, AFP, Check, Others. I have also placed the most useful resources that cover, in my opinion, important topics in bold. There are too many resources to expect that you will read them all. You will need to prioritise based on 1) useful resources for important topics (in bold) 2) areas of your personal knowledge deficiency and 3) personal learning style preferences. Hope this helps!

<p><u>Respiratory Topics</u> <u>Diagnoses classified by primary symptoms</u></p> <p>1) <u>Acute Cough</u> Atypical pneumonias Bronchitis, acute Community-acquired pneumonia Mycoplasma pneumonia Pertussis Tuberculosis</p> <p>2) <u>Chronic cough</u> Bronchiectasis Cystic fibrosis</p> <p>3) <u>Dyspnoea</u> Asbestosis Asthma COPD Extrinsic allergic alveolitis Pneumoconiosis Pulmonary fibrosis Sarcoidosis</p> <p>4) <u>Chest pain</u> Empyema Lung abscess</p>	<p>Lung cancer Pneumothorax Pulmonary embolus</p> <p>5) <u>Sore throat</u> Glandular fever (EBV) Peritonsillar abscess (quinsy) Tonsillitis Influenza Upper respiratory infection</p> <p>6) <u>Paediatric</u> Asthma Bronchiolitis Croup Epiglottitis (Acute)</p> <p>7) <u>Independent</u> Allergic rhinitis Vasomotor rhinitis Obstructive sleep apnoea Sinusitis</p> <p>8) <u>Miscellaneous topics</u> CXR interpretation Smoking cessation (motivational interviewing) Spirometry</p>
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Guidelines

Australian Asthma Handbook <https://www.astmahandbook.org.au/>

COPD-X guidelines <http://copdx.org.au/>

COPD-X: Concise guide for primary care <https://lungfoundation.com.au/news/updated-copd-x-concise-guide-a-crucial-resource-in-delivering-best-practice-care-for-people-with-copd/>

CICADA: Cough in Children and Adults: Diagnosis and Assessment. Australian Cough Guidelines summary statement

https://www.mja.com.au/system/files/issues/192_05_010310/gib10754_fm.pdf

Therapeutic guidelines etg

Asthma in children: general information and diagnosis

Maintenance management of asthma in children

Acute asthma in children

Asthma in adults and adolescents: introduction and diagnosis

Maintenance management of asthma in adults and adolescents

Acute asthma in adults and adolescents

Rhinitis and rhinosinusitis

COPD

Cough

Acute bronchiolitis

Croup

CF

Bronchiectasis

Pleural disease

Interstitial lung disease

Sleep disordered breathing in adults

Sleep disordered breathing in children

Guideline to pulmonary function testing and thoracic imaging

Inhalational drug delivery devices

Healthpathways (contact your local PHN for website link and password details)

Chronic cough in children

Chronic cough in adults

Pertussis (whooping cough)

Tuberculosis (TB)

Influenza Infection and Control

Haemoptysis

COPD

Acute Exacerbation of COPD

Spirometry

Tonsillitis and Sore Throat in Children

Pulmonary Nodules

Australian Journal of General Practice

Diagnosis and management of early lung cancer

<https://www1.racgp.org.au/ajgp/2020/august/diagnosis-and-treatment-of-early-lung-cancer>

Difficult to treat and severe asthma in adults

<https://www1.racgp.org.au/ajgp/2019/april/difficult-to-treat-and-severe-asthma-in-adults>

An update on the assessment and investigation of adult obstructive sleep apnoea

<https://www1.racgp.org.au/ajgp/2019/april/adult-obstructive-sleep-apnoea>

An update on current management of adult obstructive sleep apnoea

<https://www1.racgp.org.au/ajgp/2019/april/current-management-of-adult-osa>

Paediatric inhaled foreign bodies: an update

<https://www1.racgp.org.au/ajgp/2019/april/paediatric-inhaled-airway-foreign-bodies>

AFP (RACGP)

Pulmonary embolism an update - <https://www.racgp.org.au/afp/2017/november/pulmonary-embolism/>

TB or not TB: a case report

<https://www.racgp.org.au/afp/2017/august/tb-or-not-tb-a-case-report/>

Sinusitis

<https://www.racgp.org.au/afp/2016/june/sinusitis/>

Interstitial lung disease

<http://www.racgp.org.au/afp/2015/august/interstitial-lung-disease-in-2015-where-are-we-now/>

Adult-onset asthma

<http://www.racgp.org.au/afp/2015/august/adult-onset-asthma/>

Guide to thoracic imaging

<http://www.racgp.org.au/afp/2015/august/guide-to-thoracic-imaging/>

The wheezing child: an algorithm

<http://www.racgp.org.au/afp/2015/june/the-wheezing-child-an-algorithm/>

Management of childhood asthma in general practice

<http://www.racgp.org.au/afp/2015/june/management-of-childhood-%E2%80%A8asthma-in-general-practice/>

Respiratory problems – occupational and environmental exposures

<http://www.racgp.org.au/afp/2012/november/respiratory-problems/>

Spirometry

<http://www.racgp.org.au/download/documents/AFP/2011/April/201104paraskeva.pdf>

Check (RACGP)

unit 558, Interstitial lung disease, March 2019

How to treat website (since 2015) <http://www.australiandoctor.com.au/home> (click on the how to treat icon and follow the steps – need to register to use)

Bronchiectasis 14/2/20

Asthma in children part 2: Management 6/12/19

Asthma in children part 1: Diagnosis 29/11/19

Sleep disorders 15/11/19

The wheezing child 1/9/18

For curriculum topics not covered by the above articles - suggest using **BMJ's Best Practice** or **Murtagh's General Practice**

All management topics - suggest using **therapeutic guidelines**