

How to use this guide

The topic lists are broken into groups of diagnoses which are categorised according to symptoms and anatomical locations. My reason for presenting in this way is to help with the organisation of your knowledge. In addition, you need to identify the distinguishing features of the illness scripts that allow you to decipher between the differentials for presentations within these categories (note that some diagnoses may belong to multiple categories). To learn the distinguishing features, compare the illness scripts for the diagnoses within the categories. I have placed the diagnoses that I consider to be most important in bold. For each of the diagnoses you will need to know:

- Illness scripts (risk factors, symptoms and signs)
- Differential diagnoses
- Investigations
- Management

Below the topic lists you will find resources arranged by type: Guidelines, Therapeutic guidelines, How to treat, AJGP, AFP, Check, Others. I have also placed the most useful resources that cover, in my opinion, important topics in bold. There are too many resources to expect that you will read them all. You will need to prioritise based on 1) useful resources for important topics (in bold) 2) areas of your personal knowledge deficiency and 3) personal learning style preferences. Hope this helps!

<p><u>Women's health topics</u></p> <p>1) <u>Cancers (including screening)</u> Breast (Invasive and DCIS)</p> <ul style="list-style-type: none"> • Genetic syndromes • Breast cancer risk based on family history <p>Cervical Endometrial Ovarian</p> <p>2) <u>Breast lump</u> Breast cancer Breast cyst Fibroadenoma Fibrocystic disease Phyllodes tumour</p> <p>3) <u>Breast miscellaneous</u> Galactorrhea Mastitis Mastalgia Pagets disease of nipple</p> <p>4) <u>PV bleeding</u> Adenomyosis Cervical cancer</p>	<p>6) <u>Pelvic Pain</u> Endometriosis Ovarian cyst Ovarian torsion Pelvic congestion syndrome Pelvic inflammatory disease</p> <p>7) <u>Vaginal discharge</u> Bacterial vaginosis Cervicitis Trichomoniasis Vaginal thrush</p> <p>8) <u>Vulval/vaginal disorders</u> Genital herpes Lichen sclerosis Vaginal prolapse Vulvitis/vaginitis Atrophic vaginitis Bartholin cyst Cervical polyp</p> <p>9) <u>Miscellaneous</u> Contraception Domestic violence Hirsutism Hormone Replacement Therapy/ Menopause</p>
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<p>Dysfunctional uterine bleeding Endometrial cancer Endometrial hyperplasia Endometriosis Fibroid uterus (leiomyoma)</p> <p>5) <u>Period cycle change</u> Menopause/perimenopause Polycystic ovarian syndrome Premature ovarian failure</p>	HPV immunisation Infertility Interstitial cystitis Osteoporosis Premenstrual tension syndrome Recurrent UTIs Sexual dysfunction Urinary incontinence (stress and urge)
<p>Guidelines Osteoporosis, prevention diagnosis and management in postmenopausal women and men over 50 years of age 2nd edition https://www.osteoporosis.org.au/clinical-guidelines UK Medical eligibility criteria for contraception guidelines http://ukmec.pagelizard.com/2016#</p>	
<p>Therapeutic guidelines etg Endometriosis Dysmenorrhoea Heavy menstrual bleeding Menopause Treating osteoporosis Overview of hormonal contraception Progestin only contraception Combined hormonal contraception Emergency contraception Mastitis Polycystic ovary syndrome Introduction to infertility Anovulatory infertility Primary amenorrhoea Secondary amenorrhoea Signs and causes of androgenisation in women Vulvovaginitis - non candida Candidal vulvovaginitis in women Genital ulcer disease Urethritis cervicitis Pelvic inflammatory disease Overview of female sexual dysfunction Lichen sclerosis Premenstrual syndrome Bacterial vaginosis</p>	
<p>Healthpathways (contact your local PHN for website link and password) Abnormal Vaginal Discharge Acute Lower Abdominal Pain in Women Breast Cancer Screening Breast Symptoms</p>	

Cervical Screening
Chlamydia
Contraception Options
Dysmenorrhoea
Endometriosis
Genital Herpes
Genital Human Papilloma Virus (HPV)
Gonorrhoea
Intrauterine Devices (IUDs)
Menopause
Menopause Hormone Therapy (MHT)
Mycoplasma Genitalium
Osteoporosis
Ovarian Cyst
Pelvic Inflammatory Disease (PID)
Persistent Pelvic Pain
Polycystic Ovarian Syndrome (PCOS)
Prolapse
Sexual Dysfunction
Subfertility
Syphilis
Termination of Pregnancy (TOP)
Urinary Incontinence in Women
Vulvodynia

Australian Journal of General Practice

Medical abortion

<https://www1.racgp.org.au/ajgp/2020/june/medical-abortion>

Interconception care

<https://www1.racgp.org.au/ajgp/2020/june/interconception-care>

Assessment of female fertility in the general practice setting

<https://www1.racgp.org.au/ajgp/2020/june/female-fertility-in-general-practice-setting>

Overactive bladder syndrome: Management and treatment options

<https://www1.racgp.org.au/ajgp/2020/september/overactive-bladder-syndrome>

Advances in epithelial ovarian cancer

<https://www1.racgp.org.au/ajgp/2020/october/advances-in-epithelial-ovarian-cancer>

An update on early-stage management of breast cancer

<https://www1.racgp.org.au/ajgp/2019/september/management-of-early-stage-breast-cancer>

Making choices at menopause

<https://www1.racgp.org.au/ajgp/2019/july/making-choices-at-menopause>

Advanced breast cancer: An update to systemic therapy

<https://www1.racgp.org.au/ajgp/2019/may/advanced-breast-cancer-an-update-to-systemic-thera>

HPV testing as part of the renewed National Cervical Screening Program

<https://www.racgp.org.au/AJGP/2018/July/National-Cervical-Screening-Program>

HPV vaccination update: Nonavalent vaccine and the two dose schedule

<https://www.racgp.org.au/AJGP/2018/July/Human-papillomavirus-vaccination-update>

Preconception care

<https://www.racgp.org.au/AJGP/2018/July/Preconception-care>

AFP (RACGP)

LARCs as first line contraception- What can general practitioners advise young women?

<https://www.racgp.org.au/afp/2017/october/larcs-as-first-line-contraception/>

The management of irregular bleeding in women using contraception

<https://www.racgp.org.au/afp/2017/october/the-management-of-irregular-bleeding-in-women-using-contraception/>

Emergency contraception: emergency and intrauterine options

<https://www.racgp.org.au/afp/2017/october/emergency-contraception-oral-and-intrauterine-options/>

Oral hormonal contraception in special circumstances

<https://www.racgp.org.au/afp/2017/october/oral-hormonal-contraception-in-special-circumstances/>

Premature ovarian insufficiency in General Practice: Meeting the needs of women

<https://www.racgp.org.au/afp/2017/june/premature-ovarian-insufficiency-in-general-practice-meeting-the-needs-of-women/>

Perimenopausal contraception: a practice based approach

<https://www.racgp.org.au/afp/2017/june/perimenopausal-contraception-a-practice-based-approach/>

Uterine fibroids: Investigation and current management trends

<https://www.racgp.org.au/afp/2016/october/uterine-fibroids-investigation-and-current-management-trends/>

Pelvic organ prolapse

<http://www.racgp.org.au/afp/2015/july/pelvic-organ-prolapse-%E2%80%93-a-review/>

Pelvic pain

<http://www.racgp.org.au/afp/2015/july/management-of-persistent-pelvic-pain-in-girls-and-women/>

Investigation and management of ovarian mass

<http://www.racgp.org.au/afp/2015/januaryfebruary/investigation-and-management-of-an-ovarian-mass/>

Family violence

<http://www.racgp.org.au/afp/2014/november/family-violence-across-the-life-cycle/>

In the wake of Angelina: Managing a family history of breast cancer

<http://www.racgp.org.au/afp/2014/januaryfebruary/family-history-of-breast-cancer/>

Overactive bladder syndrome

<http://www.racgp.org.au/afp/2012/november/overactive-bladder-syndrome/>

PCOS

<http://www.racgp.org.au/afp/2012/october/polycystic-ovary-syndrome/>

Assisted reproductive technology

<http://www.racgp.org.au/afp/2012/october/assisted-reproductive-technology/>

Recurrent vulvovaginal candidiasis

<http://www.racgp.org.au/afp/2011/march/recurrent-vulvovaginal-candidiasis/>

Check programs (RACGP)

Check (RACGP) via gplearning

<http://gplearning.racgp.org.au/User/Account/Login?ReturnUrl=%2fuser>

check unit 559, Sexual health, April 2019

check, unit 549, Female reproductive system, May 2018

check, unit 546, Abuse and violence, January-February 2018

Jean Hailes Website

Webinars:

Managing sexual pain – a multidisciplinary approach

<https://jeanhailes.org.au/health-professionals/webinar-library/managing-sexual-pain-a-multidisciplinary-approach>

Menopause and mood

<https://jeanhailes.org.au/health-professionals/webinar-library/oestrogen-mood>

Endometriosis diagnosis and management

<https://jeanhailes.org.au/health-professionals/webinar-library/endometriosis-diagnosis-management>

Fertility and pre-conception care

<https://jeanhailes.org.au/health-professionals/webinar-library/fertility-preconception-care-live-webinar-recording>

Urinary incontinence in women – a multidisciplinary approach

<https://jeanhailes.org.au/health-professionals/webinar-library/urinary-incontinence-in-women-a-multidisciplinary-approach-live-webinar-rec>

Menopause update

<https://jeanhailes.org.au/health-professionals/webinar-library/menopause-update-a-multidisciplinary-approach-live-webinar-recording>

Infertility causes and management

<https://jeanhailes.org.au/health-professionals/webinar-library/infertility-causes-management>

Managing menopause

<https://jeanhailes.org.au/health-professionals/webinar-library/managing-menopause>

Endometriosis and fertility

<https://jeanhailes.org.au/health-professionals/webinar-library/endometriosis-fertility>

How to treat website (since 2015) <http://www.australiandoctor.com.au/home> (click on the how to treat icon and follow the steps – need to register to use)

Premenstrual dysphoric disorder 4th September 2020

Polycystic ovary syndrome 14th June 2019

Adenomyosis 16th May 2019

Uterine Fibroids 30th October 2015

For curriculum topics not covered by the above articles - suggest using **BMJ's Best Practice** or **Murtagh's General Practice**

All management topics - suggest using **therapeutic guidelines**